



FREDERICK COUNTY DIVISION OF FIRE RESCUE SERVICES
Bureau of EMS & Training
8349 Reich's Ford Road, Frederick, MD 21704

CANDIDATE PHYSICAL ABILITY TEST (CPAT)
TEST AGREEMENT FORM

Part of your application process for employment will be a Candidate Physical Ability Test ("CPAT"), and preparation for this test. Below is a list of all eight parts, not necessarily in order, and attached is a more detailed description of CPAT. **This is a Pass/Fail test.** You should wear rubber-soled shoes and clothing suitable for all the activities associated with the CPAT.

This Form must be signed before you will be permitted to participate in the CPAT Fitness Mentoring Program and Test and you must also have your physician complete the enclosed certification.

The purpose of the CPAT Fitness Mentoring Program is to prepare prospective applicants to take the CPAT, which is part of the employment application process of the Frederick County Division of Fire Rescue Services.

I understand that I may participate or have been offered the opportunity to participate in training to assist in my preparation to complete the following 8 physical tasks.

Pre-Employment Candidate Physical Ability Test

General Description of Tasks:

- | | |
|--------------------------------------|-----------------------------------|
| 1. Stair Climb | 5. Forcible Entry |
| 2. Hose Drag | 6. Search |
| 3. Equipment Carry | 7. Rescue |
| 4. Ladder Raise and Extension | 8. Ceiling Breach and Pull |

I understand that the CPAT mentoring program and the CPAT test is offered by Frederick County free of charge, and my participation in the program and hiring process is voluntary. My participation in the Program is not construed as a guarantee that I will successfully pass the CPAT or be offered employment by Frederick County.

I am physically capable of participating in the Fitness Mentoring Program and CPAT test and hereby certify that I am over the age of eighteen years.

Candidate's Name: _____

Candidate's Signature: _____

Address: _____

Phone #: _____ Cell #: _____